

February
1928

10 cents

\$1 a year

UNITY

Read

"A

Definite

Clue to

Healing."

"The

Magic

Touch:

Prosper-

ity."

THE DIVINE INTERVAL

But in the space between our toil and
sleep,

An hour at level dawn, at eve an
hour,

A sacred watch we keep, or ought to
keep;

Then stands the soul at peace, as
in a tower,

And hears the soul's eternal music
sweep,

And knows its heritage of light and
power.

—*William Ellery Leonard.*

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VOL. VIII
No. 2



FEBRUARY
1928

UNITY DAILY WORD

A magazine whose spirit of good cheer radiates from its printed page and sparkles in the heart of him who accepts it as his daily friend. Published monthly.

F. B. WHITNEY, *Editor*

Editorial suggestions and comments may be addressed to Editor of *Unity Daily Word*, c/o Unity School of Christianity, 917 Tracy, Kansas City, Mo.

STRETCH OUT YOUR HAND

Stretch out your hand and take the world's wide gift
Of Joy and Beauty. Open wide your soul
Down to its utmost depths, and bare the whole
To earth's prophetic dower of clouds that lift
Their clinging shadows from the sunlight's rift—
The sapphire symphony of seas that roll
Full-breasted auguries from deep to shoal,
Borne from dim caverns on the salt spray's drift.
Open the windows of your wondering heart.
To God's supreme creation; make it yours,
And give to other hearts your ample store;
For when the whole of you is but a part
Of joyous beauty such as e'er endures,
Only by giving can you gain the more!

—*Corinne Roosevelt Robinson; Masonic Digest.*

THE BRIDGE YOU'LL NEVER CROSS

GRENVILLE KLEISER

It's what you think that makes the world
Seem dull or bright to you;
Your mind may color all things gray
Or make them radiant hue.
Be glad today, be true and wise,
Seek gold amid the dross;
Waste neither time nor thought about
The bridge you'll never cross.

There's useful work for you to do
With hand and brain and heart;
There's urgent human service, too,
In which to take your part.
Make every opportunity
A gain and not a loss;
The best is yours, so do not fear
The bridge you'll never cross.

If life seems drab and difficult
Just face it with a will;
You do not have to work alone
Since God is with you still.
Press on with courage toward the goal,
With Truth your shield emboss;
Be strong, look up and just ignore
The bridge you'll never cross.

A DEFINITE CLUE TO HEALING



ANY a person has studied practical Christianity and metaphysical healing for years but still finds that, as yet, he has not found the something which will bring him health. He patiently searches for some truth or revelation which will give him a more tangible hold upon Truth and his own health.

This month, we have a very important clue to healing to share with you. Possibly if you have studied Truth for some time you have almost sensed the truth which has been revealed to us. We hope to make this truth so clear to you that you will desire to practice it immediately.

We take for granted that you already know that ill health comes from adverse thinking; that when the offending thought—hate, fear, belief in disease, or whatever the adverse thought may be—is erased from mind the barrier between God and man is broken down; that when man's ignorance and adverse thinking are out of the way, the healing power of God rushes to his aid; that this healing takes place first through the mental and spiritual, later in the manifest and physical.

We believe that previous to reading this you have gained the realization that we live in the now, the glorious now, the present second; that to some extent you have freed yourself from the habit of trying to live in the past or the future. We presume that you understand mind substance and know that the thoughts you entertain make their impress upon this

substance and, thereby, give you one kind of mentality or another, make you either unhappy and unhealthy or else cause you to know your perfection in Christ.

Since your salvation must come first through right thinking, through mind, you must protect your mind substance, that of the present moment, this very moment, this very second, from being sullied by the adverse thoughts of the previous moment.

The diseased person, one who has been entertaining adverse thoughts, must keep those thoughts in the past until they fade out of existence. They cannot live unless they are allowed to come into the present and feed upon new and fresh mind substance. His relief can come only through his grasping the present and the new clean mind substance and by his keeping this unharmed by his past thinking and by adverse thoughts.

Each moment you are born anew into the kingdom of God, the kingdom of perfection and health right in your very midst. There is nothing in the immaculate vision of truth, in the sight of God, to relate or to limit you to any adversity or disease of the past, the previous moment.

Right now you have fresh mind substance, fresh in this new moment of your existence, and the God-given power to use it to absolutely renew, regenerate, and spiritualize your mind and body. If you let your old fears, personal feelings, and negative beliefs of the previous moment bridge the interval of time and

feed upon the substance of the present instant, you are not living in the now, with its new beginnings, its new opportunities to take new holds upon life and health. Where are you living? If you harbor thoughts of the past, thinking disease and adversity, just as you did in the previous moment, you are living in the past!

Each new second you have an opportunity to pull yourself out of the mire of despondency and ill health. God Himself, who gives you the bread of life (new mind substance) is trying to plant your feet on higher ground.

Grasp the freshness and newness of the present second, with its new thoughts and inspirations. You are reborn as a healthy babe, each glorious moment. The hand of God working as your present knowledge of Truth inspired by the Spirit of Christ is ever ready to exalt those who live in the present moment. If they look back they are crystallized by the past.

This fresh mind substance is the very germ of life, strength, and health. The phantoms of the past, your old thoughts, your former beliefs about yourself, will feed upon its life and substance. For this reason you must live in the now and let your new thoughts be nourished by this spiritual bread, this manna from heaven, this fresh substance from the mind of God.

Give your mind substance to Truth working in you right at this moment. Give it to Truth working in you the succeeding moment when that time arrives

as the now, but give no substance to the adverse beliefs of the past.

This is not a message which concerns itself alone with the teaching, often heard, that we must not live in the past. The message to you goes far beyond that. It urges you to take a new hold upon life at every second of the day. It urges you to break with the adverse thoughts of the past. It urges you to sever all relations with even the adverse thinking of a second ago because it is this time which will relate you to the past!

What will this new process do for you? It will help you get out of the old grooves of thinking disease, thereby lifting you right out of disease itself. It will help you to establish new thought habits. It will make you free to choose your thoughts, to think what you please, to think Truth.

When you have learned to break with the adverse thoughts of the past, when you have discovered how to turn the flood of your adverse thoughts of the past away from your mind, you will find that the negative things of yesterday cannot discolor or injure your thoughts of today. Keep in mind the fact that the past can relate itself to you and to the present moment only by your letting the adverse thoughts of a moment ago affect you.

Why should you not be born anew at every moment of your life? Why should you not be free to think the truth which you know at this moment instead of being overwhelmed by the negative state of

consciousness you have built up in the past? Why should you not be free to approach each new moment of your life with clear mindedness, a clear outlook upon life, with your body strong and healthy, with the knowledge that you see everything in life from a newer, brighter, and higher viewpoint?

Your business failures of the past, your personal animosities, and all of the myriad things which seem to pull you back have absolutely no power when you know the truth of this new gospel of keeping your mind unrelated to adverse beliefs that you have previously entertained.

Why is such a radical mental stand necessary? Because this is the only step you can take to clear away the adverse state of consciousness which stands between you and freedom, between you and health, between you and heaven here and now, between you and God. When you have taken this initial step you will find the action of God taking place. Once your mind is a fit and ready receptacle for Spirit you will begin having high, exalted, and spiritual thoughts. You will find yourself nearer and nearer God.

You can approach God only with a clean mind. The old-time evangelists who sought to bring about a change of heart in their converts knew of a mighty truth. Only when the mind is cleared of adverse thoughts, such as the desire to sin and the belief in satanic power, can one approach God.

The student of practical Christianity and metaphysical healing needs to learn how to keep his mind

pure and free from negative thoughts he has entertained about himself. How does the invalid know but what the next second in his life will bring him health? Possibly it will. That second has in it power and authority to cast off disease and to take hold of health. He should grasp every new second with the knowledge and realization that therein are new life, new breath, new nerve force, new substance to rebuild his body.

Learn to live in the present moment. Let your thought be related neither to what you have thought nor to things you fear may happen. You need not fear the future if you are thinking heavenward at the present time.

There could be no higher truth revealed to man than the truth that he is, in the sight of God, at each new moment, reborn and purified, whole and perfect. There is no teaching truer than this. Here you have a mighty truth which can be demonstrated and proved. This gospel of the present moment, the gospel of constant rebirth, has the very power of God back of it.

Grasp the bright, shining substance of the glorious now, the clean mind substance fresh from heaven, and place upon it your stamp of approval of this gospel. You can begin life all over, with everything new. You can approach each new moment with the consciousness that you are the glorified child of God, for such you are. When? Always at the present moment and ever afterward.

THE MAGIC TOUCH: PROSPERITY



THE touch which seems to be laid upon this or that one's affairs, causing them to spring into prosperity, does it not seem to be magical? Do you remember the good fairy of the story-book days who passed her magic wand over the head of this one or of that one and caused his or her good fortune to appear? Do you number among your friends some of those whose every act seems to come under the spell of the so-called magic touch? Or better still, are you one of those fortunate persons?

The child believes that some mystic power, seen or unseen, is able to brush aside misfortune and to divert evil, causing good fortune to appear. There is a prevalent belief among some persons that hard times and financial stress must occur at times; how much better it would be if they would believe only in a power of good.

As one understands more and more the deeper truths of life, as he comes into a better understanding of God, he realizes that there is actually a power which causes good fortune and prosperity to appear. Furthermore, he discovers that he can place himself in such relations to this power that his own prosperity will increase.

What could such a power be? The power of God: the power of love, of faith in your fellow man, and of belief in your God-given right to plenty.

You have all about you types of persons who draw prosperity to them by one means or another. Here is a grocer who is prosperous for some reason

or other; possibly, because he does not believe in lack and failure. Have you ever met a business man of that type? I once knew one who so disbelieved in lack and believed so firmly in plenty that even by walking into his store you would find your own belief in lack overpowered by the consciousness of plenty he had established in his store. Customers would even walk into his store and pay a little higher price than that charged by his competitor because they were drawn by the attractive power of prosperity.

I once knew a housewife who so loved to bake that she just loved every pie or cake that left her hands. Do you not think that some of that love found its way into her pastry? Could it not be possible that those who liked the flavor of her cakes really liked the love in them, that they hungered for love and found it in a cake? Can you imagine a business which was so filled with love that the customers could taste it, and still not be attractive and prosperous? Hardly, you say.

Take, for instance, the type of business whose proprietor is always fair and just with his help, always looking out for their interests and their promotion. Could he or his help fail to give service and "good measure, pressed down, shaken together, running over" to his patrons? Does the merchant who is intensely human and brotherly ever lack friends and their support?

What do these types symbolize to us? First, right and prosperous thinking; second, the magnetic

power of love; third, the sense of justice, the ability to serve well, and the power to recognize the unity of human interests.

Is there anything magic in these? Yes, their power seems to be magical. However, there is nothing mysterious about them. The consciousness of love, prosperity, justice, service, and brotherhood is always mysterious, because unknown, to the one who does not have such a consciousness. The consciousness of God, the power back of all supply, is not mysterious to the one who believes in God and His ever-present help.

If you would draw patrons and customers to you, there must be something which they feel draws them to you. That something must have power to give them something better than they have. That power must be God! It expresses itself as exalted and prosperous thought, as love, as service, as interest in the patron.

Do not think that you live in a hard, commercial world from which God and all sense of good are excluded. The business which does not prosper is under the mesmeric thought of failure, greed, or selfishness. If the magic touch which we thought was left behind by some good fairy or some ambassador of good luck, if that touch which we have discovered is really the touch of God (love and abundance), be missing, then patrons and customers will detect its absence and will go where it may be felt.

How can one cause his affairs, his business, to be

touched by this seeming magic, this divine touch? He must touch it himself through the power of his higher consciousness. Through his consciousness, the magic power of God will come forth. It will dispel all belief in failure and lack. It will establish prosperity. It will cause those who are to be served to appear. It will cause those who are prosperous to come and exchange a measure of their prosperity for the thing offered for sale. If one offers himself as an employee in another's business it will make him a necessary employee in that other one's business. It will make the employee efficient, intelligent, understanding, kind, and brotherly. It will make him prosperous because under his magic touch the employer will see prosperity appear.

By the magic touch one has power to bless his business and to increase his finances. It is like the touch which causes everything to turn to golden value. The person who has that spiritual consciousness which begets prosperity seems to have that dazzling, scintillating something within him which draws things of value to him. This something is the Christ and those who recognize it bear gifts of gold, frankincense, and myrrh to it.

This lesson seeks to show the connection between business and religion, prosperity and spiritual consciousness, man's need and God's supply. We divest the seemingly magic touch of all its mystery and see that back of it, just as one always finds God back of all good, are those things which link man to God.

In the business, however, one does not directly see or sense God. He finds that which is God brought into the manifest as something tangible in man's experience. He finds love, joy, service, prosperity.

Go forth this day believing in the power of God, the power of infinite good, to work with you in all that you do. This power will bless the work of your hands and through them it will touch and bless all upon which you lay your hands.

Open your office, shop, or store in the morning with the confident assurance that you know the principle upon which success and prosperity are founded. Cling to this truth and be loyal to it. Let it issue forth from your consciousness and radiate to every part of your work. Be optimistic and expect prosperity to appear. You have back of you a mighty force, one which you may not know so well at the start but one with which you will become very intimately acquainted as you live under the spell of prosperity.

There is really a contagion to prosperity. You will find that your consciousness will seem to infect your whole business and all your patrons with prosperity. They will catch your high vision, they will feel the magic touch, they will sense the spiritual presence back of it.

As you exercise the power of the magic touch your power will increase. Greater and better things will come to you. You will grow in your understanding of God as you grow to understand and to see God manifesting as your ever-present help.

WEDNESDAY, FEBRUARY 1

Today's Dynamic Declaration: *My mind is adjusted to the Christ mind and all my affairs are divinely adjusted.*

If one would have peace, order, and harmony manifest in his world he must first enter the consciousness in which these conditions are realities to him. First, he must perceive these in the higher mental and spiritual realms. He must let these divine qualities become so real to him that he cannot think of any condition in which they do not obtain. All adjustment and order must take place first in consciousness; manifestation in the physical follows.

If you have a problem of adjustment to be handled, take it up today. You will need to perceive the adjustment as taking place first in mind. You will pass through the stage of perceiving it possible into that of perceiving it as actually true. You will get such a conviction that the adjustment has taken place in the outer that you may know Spirit is actually doing its perfect work. You will actually sense the adjustment which is really taking place.

Harmonious conditions become established in your affairs as soon as you can become harmonized in mind. The radiation of your spiritual thought does the work.

I rest in the peace, harmony, and perfect order of the Christ Mind.—*Unity Calendar (for February).*

THURSDAY, FEBRUARY 2

Today's Dynamic Declaration: There is nothing in all the world to destroy my peace of mind, because my peace is the deep, profound peace of God.

If you would feel the deep, spiritual peace which you have always idealized, turn from the jarring things and disturbances of the outer world and center your thought upon God within. Turn from the inharmonies and discords to the peace of Spirit inherent within your own breast.

Nothing external to you can affect the peace within you. Nothing of the material world can destroy the heavenly peace which abounds at the center of your being. Neither man nor anything else without can lessen the peace of God, your own peace.

If you would be rid of the things which seem to take away your peace, cease thinking of them. So long as you think of them as able to destroy your peace, just that long will they seem to be able to keep you from being peaceful. Your decision in the matter makes for either peace or inharmony.

In the mind of God there is naught but peace and if we keep our thoughts upon God, the good, we shall be peaceful. The peaceful consciousness readily causes peace to appear.

I know the thoughts that I think toward you, saith Jehovah, thoughts of peace, and not of evil.
—Jer. 29:11.

FRIDAY, FEBRUARY 3

Today's Dynamic Declaration: *I am no longer restless or impatient, because I patiently trust in God, the good.*

All impatience and restlessness leave us when we learn to rest in God and patiently to trust him for all things. We cannot be impatient and, at the same time, have a deep trust in Him.

When we rely upon God we look to the inner spiritual power which can never fail us. We are so sure that our good will come to pass that we cannot doubt. We have such confidence in God that we do not worry about the time or place when our good will appear.

The restless person lacks trust in the higher power which is within him, the power that we call God. He shows fear that external conditions will bring about situations which are too hard for him to handle, too hard for the work of God.

When you are again tempted to be impatient, just try the plan of getting as still as possible, disregarding that which seems to be impending danger, and seeing just how you would view conditions were you absolute master; for such you are in Christ.

Viewing one's affairs in an impersonal or a universal light helps one to unify oneself with God.

I waited patiently for Jehovah;
And he inclined unto me.

—*Psalms 40:1.*

SATURDAY, FEBRUARY 4

Today's Dynamic Declaration: I free myself from all tendency to put off until tomorrow that which I should do today. I live in the eternal now of Spirit.

Free yourself from the tendency to want to do today's work tomorrow and you rid yourself of the habit of not wanting to do things. Putting off things until tomorrow is simply putting them off. The time element does not enter into the matter.

When we put off doing things that we should do at once, we often acknowledge that we do not want to do them at all. All effort, work, and accomplishment takes place in the present. We cannot work in the future until the future time appears to us as the now.

Much of the disposition to put off duties and responsibilities lies in the fact that one needs to have system, order, and organization in his thinking and in his life. If one is careless in the matter of getting things done, it would be well for him to map out certain things to be done and then to set about accomplishing them.

In the glorious now of Spirit there is no delay or procrastination.

Say not ye, There are yet four months, and *then* cometh the harvest? behold, I say unto you, Lift up your eyes, and look on the fields, that they are white already unto harvest.—*John 4:35.*

SUNDAY, FEBRUARY 5

Today's Dynamic Declaration: I accept the truth that I am the perfect and all-conquering son of God. Henceforth all that I think and do is princely and noble.

Man cannot get a higher estimate of himself, neither can he more clearly perceive the truth of his being, than to think of himself as the perfect son of the perfect Father. To think of oneself as the son of God is to think of oneself as perfect in health, established in peace, complete in power.

Of course, there are other sons of God, besides oneself. Many do not know the truth of their divine birthright and their divine parentage; there are others who might try to use this knowledge for personal ambitions. The individual's business is to be concerned solely with his own sonship and to try to get a clearer realization of what it means to be a son of God.

If you would be a son of God, if you would be perfect and complete in every way, if you would exercise power and dominion over all things of your world, but one thing is necessary: the consciousness and absolute acceptance of the Spirit of truth. You must recognize the truth and live in a way befitting the son of God. Your every thought, word, and deed must be exalting, princely, and noble.

As many as received him, to them gave he power to become the sons of God.—*John 1:12 (A. V.)*.

MONDAY, FEBRUARY 6

Today's Dynamic Declaration: *Free from all belief in fear, I go forth fearless and courageous.*

Ignorance and superstition help to engender fear. The person who knows Truth is free from the beliefs which cause fear. We can see that fearlessness comes naturally when Truth is planted in consciousness.

The person who is afraid of others has the belief that persons can affect or injure him. He becomes courageous when the offending belief, that of fear, is ejected from consciousness and replaced by Truth. He has not been intimidated by other persons but by the belief that these can dominate him to their advantage.

Fear is like an impending cloud in the life of many persons. All their opportunities, pleasures, and circumstances become discolored and transformed by this fear. It is a veritable thorn in the flesh and remains so until removed through a consciousness that there is nothing in all the world to fear.

When one who has previously been dominated by fear becomes courageous, he finds that he is living in a new world. He knows that Christ in him is mightier than anything in the world.

Let not your heart faint; fear not, nor tremble, neither be ye affrighted at them; for Jehovah your God is he that goeth with you.—*Deut. 20:3.*

TUESDAY, FEBRUARY 7

Today's Dynamic Declaration: *The presence of God within and about me delivers me from every form of adversity. In Him I am safe and secure.*

Many persons remain in adverse conditions because they accept such adversities as natural to them. They are plunged by their negative and adverse thinking into unfavorable conditions and then accept these as from God. They need to know that such conditions cannot be from God, since their adverse thinking is not inspired by God.

Adverse conditions are relieved and transformed by Truth in this way: The Truth displaces the adverse thought which causes such conditions to appear. The presence of God, through spiritual consciousness, sets Truth to work in the individual.

We can see that God is our deliverer because He delivers us through Truth from mistaken beliefs. We know Christ as our savior because through His teaching of Truth He has saved us and freed us from the seeming power of ignorance and darkness.

God dwells within the innermost part of man's being. We live in Him and, when conscious of deep, spiritual Truth, feel our oneness with Him.

He shall call upon me, and I will answer him;
I will be with him in trouble:
I will deliver him, and honor him.

—*Psalms 91:15.*

WEDNESDAY, FEBRUARY 8

Today's Dynamic Declaration: I recognize that there is a law of good, the law of God, now working in my affairs and that they are governed solely by divine principle.

Virtually every one thinks that either good or evil is working in his affairs. He thinks of his health as either good or bad, his affairs as either in a good financial state or as in a condition ruled by financial distress. He sees the cause and effect of either good or evil at work.

If one believes in evil, disease, or poverty then he sets up a condition in which adversity works in one way or another. His belief acts as a law and becomes the cause of negative results.

If he believes in God and in Truth, his thought operates as the cause which brings such effects as health, prosperity, and other blessings. The more he recognizes the law of good, the more he can see that it has power absolutely to annihilate the so-called law of evil.

When one ceases to give place in his mind to negative thought he is no longer under adverse law. When he recognizes that, in Truth, there is but one law—the law of liberty, health, prosperity—then he is governed solely by this law, the law of God.

He that looketh into the perfect law, the law of liberty, and so continueth . . . this man shall be blessed in his doing.—James 1:25.

THURSDAY, FEBRUARY 9

Today's Dynamic Declaration: *I cast aside everything which is crystallizing and aging. I walk in the perfect newness of the perfect life in Christ.*

Today let us think of ourselves as free from every old idea, every old practice, every old method which would cause us to become crystallized in mind or in body. Let us free ourselves from everything which would cause stagnation or age to appear.

One lets himself become crystallized when he closes his mind to new ideas. Since new life must come through new ideas fresh from the mind of Christ within us, how necessary it is that we always keep our minds open and receptive to new ideas! Without these, man would fall into a state of stagnation and decay.

The old life with its negative conditions gives place to newness in Christ and old, crystallized states of consciousness are broken up through the introduction of new and fresh ideas. Every time that one receives a new idea into consciousness he experiences freshness and new vitality to some extent. The measure of this depends upon the feeling which the new idea instills.

Many persons, when they take up the study of Truth, feel invigorated mentally and physically.

So we also might walk in newness of life.
—Rom. 6:4.

FRIDAY, FEBRUARY 10

Today's Dynamic Declaration: *I no longer think of myself as limited in health. My body expresses the good and perfect health of Christ.*

Jesus Christ carried such a consciousness of life and health that His garments were fairly saturated with it. Even those who came near to Him sensed His health-bearing aura.

If one continues for any time to think of himself as unhealthy, if he thinks too much of his body as diseased or imperfect, he makes it the victim of his adverse thought.

We know of a well-known healer who once found a patient who said, "I do not feel well in any part of my body." Only with great reluctance would the patient consent that her little finger felt all right. The healer took up this slight evidence of optimism and then finally got the patient to agree that her whole hand felt all right. Before the visit terminated the patient agreed that most of her body felt all right but that her head did not feel well. She was told that she had been poisoning both mind and body by her negative belief and when she saw the truth of the situation she was willing to give up her negative thinking. Her body was soon able to express health.

Let not sin therefore reign in your mortal body.
—Rom. 6:12.

A FUNNY W

FRANK BLENLARRY

There is a world, a funny world, that's
A world that has no shape nor size, th
You think at first that it exists; you th
Then, finally, you see the point: that i

Perhaps, you once lived in this world
You were a glum and saddened soul, h
You thought you had to be diseased an
When, all at once, you learned the truth

And, then, this world, this shadow worl
And in its place a world of joy, of he
Came into view right where you were
That you abide in heaven now and G

A decorative border with a repeating floral pattern runs along the top and right edges of the page.

UNNY WORLD

ENLARRY WHITNEY

ld, that's not a world at all;
r size, that's neither sphere nor ball;
s; you think it very true;
t: that it's just fooling you.

s world with all its hates and fears;
d soul, believed in pains and tears;
seased and thought there was a hell;
he truth. This world just went pell-mell.

ow world, just disappeared from sight;
y, of health, of love and light
ou were; you came to understand
y and God is right at hand.

SATURDAY, FEBRUARY 11

Today's Dynamic Declaration: *I am willing to erase from my mind all memory of my own misdeeds or of the misdeeds of others. Through Christ, all is forgiven.*

What a relief comes when one gives up holding himself or another to the thought that he has been guilty of misconduct. How foolish it is to carry the misdeeds of yesterday into the glorious today, to cloud a bright and sunny day with the unpleasant memories of a previous day!

Just remember that deeds or misdeeds of yesterday belong to the situations of yesterday. The conditions which prevailed yesterday are not the same as those which prevail today. Yesterday can do but one thing for us: give us a lesson which may help us in solving today's problems.

One should not feel today that he would like to alter the happenings of yesterday. Yesterday had a character all its own. Today is a new day and, in many ways, quite different from any other day.

Learn to smile and to laugh about the past. Learn to forgive those who seemed to trespass against you yesterday. While the adult has many important matters to handle, yet must he always think of his conduct in the past as the conduct of a small child whom he would readily forgive.

For if ye forgive men their trespasses, your heavenly Father will also forgive you.—*Matt. 6:14.*

SUNDAY, FEBRUARY 12

Today's Dynamic Declaration: I rejoice that all my ideals are now being fulfilled. I am in heaven here and now and all my dreams are coming true.

If we put off the fulfillment of our ideals until the future, we find that, somehow, they are never fulfilled. If we think of our dreams as coming true in some distant future we find that we never quite catch up with the blessings we have anticipated.

Let us think of our ideals as being fulfilled and of our dreams as being realized now and continuing to be fulfilled and realized. There is no limit to such a fulfillment. Of course, all fulfillment must be right now in the glorious present.

We find that we are right in heaven when we discover that we are surrounded by every blessing that we have ever desired. Every good thing that we have hoped to attain is now awaiting us in heaven—the heaven which is right in our midst.

This heavenly kingdom rests with us. It is ours to attain whenever we can perceive it in thought. Within us lies the power to say whether we will be in heaven or out of it. All about us are acquaintances who, in some wise, live in heaven. One enjoys the health of heaven, another the joy; we have the power to have health, joy, peace, and wealth.

Neither shall they say, Lo, here! or, There! for lo, the kingdom of God is within you.—*Luke 17:21.*

MONDAY, FEBRUARY 13

Today's Dynamic Declaration: I free myself from any belief which would separate me from my fellow man. I am joined with all people through God's universal love and unity.

One should guard against any of the subtle little thoughts which would cause him to feel separated from others.

One can live apart from that side of life which may be characterized as worldly and confusing, but he cannot live a complete life and be apart from that great universal unity which unites him with God and with his fellows. Even when alone, when in the silence, he should feel that he is one with all life in the universe. When he feels that he is at-one with God, he should know that he is at-one with all of God, including all men and all other things.

When all persons are able to enter universal consciousness, they will automatically become universally united. One who can enter spiritual consciousness cannot help but perceive the great bond by which Spirit binds all men together.

You will gain a different viewpoint of life when you are able to see yourself joined with all other persons. Only in this way can you know life in the fullest.

Be of the same mind one toward another.—*Rom. 12:16.*

TUESDAY, FEBRUARY 14

Today's Dynamic Declaration: *I am in love with every one in the world because each one is a part of Christ.*

One cannot know the full and perfect love of Christ within himself until he recognizes the broad and universal scope of love. If one lives in a narrow world he quite naturally narrows his love to certain persons of that circumscribed sphere. Love, to him, is represented by the few persons who impress him favorably.

In the greater sphere of life one not only learns the true meaning of love but he also finds that he must express it to every one in his world. If one does not feel love for every one he breaks a certain unity which naturally exists between man and man. If there is one person whom he does not love then he severs the bond of love to that extent.

If one would know the full meaning of love of Christ in him, then he must know love in its fullest aspect. If he would know more of Christ, God's perfect man, then he must realize the broad, unlimited extent of Christ's perfect love.

Remember that love, wherever it is manifest or should be expressed, is really a part of you. Your love will not be divine if you set up any barriers to its expression.

He that loveth his brother abideth in the light.
—1 John 2:10.

WEDNESDAY, FEBRUARY 15

Today's Dynamic Declaration: *Conscious that all things are working for my highest good, I am neither worried nor anxious. I have confidence in God.*

If one is worried and anxious, his thought tends to delay the expression of good in his life. Anxiety acts as an agent which slows down the coming of a blessing. If one is worried, his mental attitude affects his affairs and environment, and they take on an adverse character. The man who is worried finds that both his health and his business are affected.

How shall we get rid of worry? By getting rid of the belief that our affairs can be thrown into confusion. By freeing ourselves from the thought that persons and things of the outer world can affect us or our affairs, we shall have perfect confidence in that higher self within us which is God.

When we feel the inner assurance that God is right with us, regardless of how serious things seem to be, there is no occasion for worry.

If we know the truth that God in the midst of us is mighty to bring order and harmony out of chaos and confusion, we need not doubt or worry. If we think that the element of time will work against us, we need but to step aside personally and realize that the Lord is working right then and there.

My yoke is easy, and my burden is light.—Matt.
11:30.

THURSDAY, FEBRUARY 16

Today's Dynamic Declaration: *The Spirit of wisdom and judgment guides and directs all my deliberations. I clearly perceive just what I should do.*

What a consolation for one to know, when he has matters to decide, that he has within him the knowledge and power to make the proper decision! The wisdom, guidance, and good judgment of the infinite are right at hand. If one will but turn away from the belief in indecision and confusion he will find that he can easily merge into the stillness and confidence of the presence of God within him.

One should realize that to be guided rightly is his privilege and his divine birthright. He should never feel that he is alone, without advice or help. He should realize that all the wisdom of the universe is his to use. To be directed divinely is man's right as the son of God.

When you have a matter to decide upon, assemble all the facts pro and con. Now get quiet and seek to be guided from within as to what you should do. You will find that you will arrive at a definite decision and one which can bring you only your highest good. The only necessary point to be observed is that you stay in a prayerful attitude until you get the answer from Spirit. When this comes you will recognize it by the feeling of assurance that you have.

Guide me in thy truth.—*Psalms 25:5.*

FRIDAY, FEBRUARY 17

Today's Dynamic Declaration: *No belief in unhappiness can mar my day. At all times I am comforted, satisfied, and happy.*

Why should one be the victim of a negative belief? Why should he sit all day and grieve over the belief that some one in the past has tried to harm him, the belief that there is no happiness in his life, or the belief that the future holds no good for him?

Unhappiness is strictly an adverse belief. One can become unhappy through such a belief regardless of the innocence of those whom he accuses of wrong, regardless of the situations which may appear to be alarming but which of themselves are quite harmless.

Many a person has become unhappy through believing false reports to be true. Again, one has been the victim of a negative belief.

We approach the time when we shall no longer become unhappy because we shall have learned the secret of how to guard ourselves from reacting unhappily to things we hear or learn. Unhappiness is primarily an unhealthy mental reaction. It comes from habit. Most of the unhappy people have cases of chronic unhappiness. Quite unwittingly they have taught themselves to react adversely to situations.

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort; who comforteth us in all our affliction.
—II Cor. 1:3.

SATURDAY, FEBRUARY 18

Today's Dynamic Declaration: *I smile and the world greets me with a smiling face.*

The smiling heart always pictures itself on the countenance. Joy and happiness refuse to be confined. They are like the rays of the sun that succeed in finding a rift in the clouds through which they must shine.

You say, "Oh, my joy is so deep that it does not come to the surface." But is joy of such a character as that? Joy, like gas, expands indefinitely. If you have just a wee bit of joy it will increase and expand, breaking all confining limitations.

We used to think that there was some sort of holy joy which one could experience down deep within his heart but others could not see. It is a safe rule that your joy is only real when the other fellow feels its contagion.

Does the world actually smile? That depends upon how you look at it. If your eyes are smiling they will be able to see the smiles of the world, the same world that you once thought hard and cruel.

The optimistic person always sees many funny things in the world. He has many happy experiences which the other fellow misses. His smile is magnetic and he draws joy and happy experiences to him.

Ye shall rejoice in all that ye put your hand unto, ye and your households, wherein Jehovah thy God hath blessed thee.—*Deut. 12:7.*

SUNDAY, FEBRUARY 19

Today's Dynamic Declaration: *Knowing the truth that I am a superman in Christ, I have power and dominion over all things.*

Are you aware of the truth that through Christ you have power over all the things of your world? Do you know that the very presence of Christ, man in perfection, in the midst of you gives you the power of a superman? Do not measure your ability or your power according to the ability and power of the persons you know. Do not take your standard of living from that of others. Measure your power by the power of Christ within you. Take your standard of life from the perfect One, the Christ of God.

Even as Jesus had power to speak the word to the elements and to cause them to become peaceful, so have you the power to declare the powerful word of Truth to any condition of your life or environment and cause such condition to become according to your decree. The power of Christ in your word of Truth is unlimited.

In Christ you cannot lack anything. If you are established in Christ, you have the power and dominion of Christ right at your disposal. When next you are tempted to belittle your power to do things, call this dynamic declaration to mind. Speak the truth from the deeper consciousness of Spirit.

Ye are complete in him, which is the head of all principality and power.—*Col. 2:10.*

MONDAY, FEBRUARY 20

Today's Dynamic Declaration: Now is the winter of my discontent made glorious summer by the Spirit within, and my body is made perfect.

This statement is the Silent Unity healing word to be used from February 20 to March 20.

The glorious warmth of the Spirit in the breast of man dissipates every cold, material belief and every feeling that man can be separated from the warm, pulsating love of Christ. Spirit is like a sun shining from the very heart of man's being and its glorious light and warmth send the life of spring to every part of man's organism.

Man cannot be unhappy when he knows that, in Truth, his life is not barren and void of God's life, love, and joy. He has but to turn his attention within and there to discover that God is actually present as his own life, love, joy, and every other blessing.

The warmth and joy of spiritual consciousness—the realization and awareness that one is unified with Spirit—cause the body to take on new life. From the healing fountain within man, pours forth new blood and new nerve power.

Now is the winter of our discontent
Made glorious summer by this sun of York,
And all the clouds that loured upon our house
In the deep bosom of the ocean buried.

—Shakespeare; King Richard III.

TUESDAY, FEBRUARY 21

Today's Dynamic Declaration: *Every wind that blows fills me with the Spirit of plenty, and I rejoice in my prosperity.*

This statement is the Silent Unity prosperity word to be used from February 20 to March 20.

We must take the attitude that, in some way or other, every circumstance must yield us a blessing. The most adverse experience may appear devoid of any good, yet there is some lesson connected with it which is able to teach us the way to better things.

One time an observer was looking at a strange flower and was thinking that he believed it was the only ugly flower he had ever seen. At that moment, a busy little bee rested on the flower, attracted by something sweet which our observer had failed to see. The bee took its golden treasure from the heart of the flower and went its way. The thing which was forbidding to our observer yielded supply and prosperity to the little creature that detected them.

Rejoicing in prosperity causes one's prosperity to increase. The joyful consciousness acts like magic upon prosperity. When we are happy our blessings multiply. The happy person always attracts good things.

Jehovah will open unto thee his good treasure the heavens, to give the rain of thy land in its season, and to bless all the work of thy hand.—*Deut. 28:12.*

WEDNESDAY, FEBRUARY 22

Today's Dynamic Declaration: *I am loyal to the truth of God, honest and true in all my dealings with my fellows.*

When one gets a consciousness of the truth, he finds that it affects all that he thinks, says, and does. The mind of God, which he contacts through spiritual consciousness, broods over his own thoughts, words, and deeds. He finds that God sets truth into action through him.

If you see a place where Truth seems to be missing, do not hesitate to declare the presence of Truth, even though you do so silently. Do not miss the opportunity to voice the truth of God. You are the mouthpiece of God; you are the vehicle through which God expresses Himself. Truth must be expressed through your mind, your voice, or your willing hands.

Honesty is not only the best policy but is also the only one for the student of Truth. He can be actuated by no other motive than that of Truth. This must govern and direct him even, at times, when it appears to be almost contrary to his own personal well-being.

When in doubt as to what to do, do that which you think is nearest the Truth. Let the Spirit of Christ move you to do the thing which Jesus would do.

He that uttereth truth sheweth forth righteousness.—*Prov. 12:17.*

THURSDAY, FEBRUARY 23

Today's Dynamic Declaration: *I behold in myself the perfect son of God which I am. I see myself as I exist in Truth.*

Dear reader, you are beautiful! Possibly, you have spent years in thinking unkind things about yourself and, possibly, these hard thoughts have hardened your countenance, but the truth remains. In Truth you are today just as you were years ago, still noble and good and beautiful.

When you begin thinking loving thoughts about yourself, when you think the same kind of thoughts that God thinks toward you, you will soften your countenance and let the beauty of God show itself. You will discover that you have not been able to obscure or hide that which God has made.

Why are you beautiful and noble and good? Because God is your Father and you are His son, in all ways like Him. All the beauty in the world expressed on canvas and in marble is but a counterfeit of the beauty of the soul. When the artist seeks to express beauty in his handiwork he must resort to the highest conceptions of beauty which he himself possesses. He attempts to picture God manifesting as beauty.

Now unto him that is able to guard you from stumbling, and to set you before the presence of his glory without blemish . . . be glory, majesty, dominion and power.—*Jude 24, 25.*

FRIDAY, FEBRUARY 24

Today's Dynamic Declaration: *I do not inherit weaknesses from my ancestors. I inherit strength and perfection from my Father, God.*

One should deny the race belief that his parents or ancestors can limit him in any way. He should free himself from the belief that his ancestors or any other persons can limit or affect his mental or physical well-being. If he blames his parents for his own weaknesses it is because he has looked upon them as weak and as capable of transmitting to him such frailties.

Man is what he is according to his own conception of himself. He has no right to blame others for his shortcomings. Any connection which seems to exist between his own ill health and that of his ancestors is broken when the truth of man's perfection in God is understood.

If you have not been able to trace your relation to some famous person of the past, do not despair. In the genealogy of Spirit, you are the direct heir and descendant of the Father who is all health and supply.

Claiming God as our Father-Mother, we can go forth making the divine Parent happy in all that we do. Our Father-Mother approves of our every good deed.

Call no man your father on the earth: for one is your Father, *even he who is in heaven.*—*Matt. 23:9.*

SATURDAY, FEBRUARY 25

Today's Dynamic Declaration: *I can always be depended upon to coöperate with another. The Spirit of God in me is a spirit of brotherhood and friendliness.*

Coöperation with another, in a sense, is but coöperation with God. When our own Spirit works with the Spirit in another person, there is a certain mystical spiritual union which takes place. The very Spirit of God rushes to those who work together in harmony. Nothing can defeat their efforts.

Many persons do not learn the lesson of coöperation because they think that they are but helping the other fellow to succeed in his own personal ambitions.

The person who is always willing to help another and can be depended upon to coöperate when coöperation is necessary will never be without the coöperation of others. Those who help the other fellow when he is trying to put good to the fore will find plenty of persons ready to help them when they need assistance.

The activity of the Spirit of God is plainly in evidence when the spirit of love, service, and coöperation is manifest. God is in the very midst of the little group of two or three persons who are pioneering in new and righteous principles.

That we may be fellow-workers for the truth.
—III John 8.

SUNDAY, FEBRUARY 26

Today's Dynamic Declaration: I have faith in my God-given ability to bring forth the good I most desire in my life.

Man's ability to accomplish whatever he undertakes is backed by the very power of God which is innate in him. We can see how ridiculous it is for him to feel that he cannot succeed or to think that he is bound to fail. There is no power for man to lay hold of but the power of God within his own breast. That which he thinks of as power external to him is but a counterfeit of his own invincible power.

If one would succeed he must have faith in the power of God within him to make him successful in the thing he attempts to do. He must develop this faith to the point that he no longer has doubt in himself and his indwelling Lord. His own faith must become so fused and merged into the faith of God that he feels that faith within his own consciousness is the actual stirring and quickening of divine faith.

Who can limit the work of one who is conscious of his God-given ability and has faith in God within him? Who can say that he will fail? What power would attempt to stand against him? Not one. One with God is a majority. At-one with God within, man has unlimited power. He can do all things.

A faithful man shall abound with blessings.
—Prov. 28:20.

MONDAY, FEBRUARY 27

Today's Dynamic Declaration : *My vision is spiritual and my eyes behold the perfection of God wherever I look.*

If we think of our eyes as limited in any way, then we feel that we get a limited vision of the things about us. The person who believes in near-sightedness quite naturally lives in a narrow world. If one believes in failing eyesight, he finds that his eyes fail to function when they should serve him.

Much of one's difficulty in not being able to see well comes through one's making a hard effort to see. He gets into the habit of staring at things and develops a tendency to look at all things through a sort of fixed vision. Relaxation of the muscles and the nerves of the eyes is the only remedy in cases of this kind.

When one knows that his vision is spiritual he rises above the inclination to make an effort to see. He just naturally sees when he knows that his eyes are the eyes of God. Furthermore, that which he sees through spiritual vision is spiritual and perfect. If one finds that he sees many limitations in himself or others he should declare for spiritual vision. He should train himself to see the good.

The eyes have been called the windows of the soul. When we become more conscious of the soul, then it seems to shine right out through our eyes.

Blessed are your eyes, for they see.—*Matt. 13:16.*

TUESDAY, FEBRUARY 28

Today's Dynamic Declaration: *True to the truth that I am eternally alive with abundant life, I am filled with radiant life and energy.*

To know that one is part of the abundant life of God helps one to come into a greater consciousness of life. Man as the expression of God must express the very life and energy of God.

If one feels that he lacks life, he shows that he lacks a consciousness of God as his abundant life. As his consciousness expands, he increases in life. The person who seems to have a great deal of life is one who knows how to draw upon the inner resources.

The truth about man's oneness with God's life wipes out all limited beliefs that man can lack life, that he can be in need of God. The belief that man, in any way, has anything to do with disease, weakness, or death is wiped out when the truth about life is understood and made a part of the individual. Truth breaks all connections with the adverse things in life. Truth causes health to manifest as it causes adverse beliefs and disease to disappear.

There are many things in life which are believed to be able to stir up life and give man more abundant life, but the truth is that all life and health must come from within, from the inner fountain of life.

For now we live, if ye stand fast in the Lord.
—*I Thess. 3:8.*

WEDNESDAY, FEBRUARY 29

Today's Dynamic Declaration: I set before myself one standard, one God, and in all that I do I work toward this ideal.

The character of God, the nature of Truth, is such that no power can exist in opposition. God is always expressing Himself through the individual to overthrow evil. Truth is always asserting itself in a way to put an end to falsehood and adversity.

We may think of God as being a jealous God in the sense that He tolerates no rival. According to the dictionary, the word jealous is synonymous with the words zealous, devoted, and vigilant.

If we are as devoted to God and to Truth as He is to us, then we have pledged ourselves to Him and feel that He stands with us against all opposition. If we know that God is vigilant, is caring for us and looking out for our best interests, then we feel that we have wisdom, judgment, and guidance in what we undertake.

One becomes untrue to God when he is disloyal to Truth. If he does not follow the dictates of conscience, he is not true to God. If he follows some other thought, believes in some other power, he has set some other god before his eyes. He must keep before his vision that to which he would attain.

Thou shalt have no other gods before me . . . for I Jehovah thy God am a jealous God.—*Ex. 20:3, 5.*

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